

# Developing Resilient Youth

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resilient implies the ability to recover shape quickly when the deforming force or  
pressure is removed

resilient definition springing back rebounding see examples of resilient used in a  
sentence

resilient definition 1 able to be happy successful etc again after something difficult or  
bad has happened 2 able learn more

definition of resilient adjective from the oxford advanced learner s dictionary able to  
recover quickly after something unpleasant such as shock injury etc he ll get over it  
young people are amazingly

people and things that are resilient are able to recover easily and quickly from  
unpleasant or damaging events george fraser was clearly a good soldier calm and  
resilient when the u s stock market

jan 30 2026 the word resilient describes the ability to recover adapt and endure challenges in different contexts it applies to people materials economies and ecosystems

define resilient resilient synonyms resilient pronunciation resilient translation english dictionary definition of resilient adj 1 capable of returning to an original shape or position as after having

mar 21 2026 resilient people by contrast show stronger communication between these brain regions their prefrontal cortex more effectively dials down the amygdala s alarm signals which

when something is strong and able to recover from damage quickly call it resilient if you re rough on your toys the ones that don t break are resilient formed from the latin verb resilire to leap back a

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